



FUNK ROBERTS 4 WEEK SPARTACUS WORKOUT PLAN FOR PERSONAL TRAINERS

USE THE FREE FUNK ROBERTS SPARTACUS WORKOUT PROGRAM TO INCREASE CREATE SUCCESSFUL BOOTCAMPs MAKE \$240, \$300, \$400 OR MORE!

I'm Funk Roberts, CPT, Fitness Expert and former professional athlete and creator of the Funk Roberts Spartacus workout program. I have been in the industry for over 15 years. Over the years, I have run countless successful boot camps and trained hundreds of clients and athletes. The one common element of bringing success to my trainees is ensuring they have a program that consists of fitness and nutrition. That's the secret to success, getting referrals and ensuring those clients come back to you.

I am currently helping over 600 men and women worldwide by running a FREE 4 Week Spartacus Workout Challenge for derived from the Men's Health Magazine program.

This is a great opportunity for Personal Trainers and Fitness Professionals to capitalize on a FREE program that will help your client's burn fat, gain muscle, increase conditioning and get results.

YOU KNOW FUNK ROBERTS SPARTACUS WORKOUT PROGRAM IS FOR YOU AND YOUR CLIENT IF:

If your client needs to do the following One of four things

- You client needs to break through their workout plateau and make gains
- Your client needs to lose the last 5-10 pounds
- Your client needs to increase conditioning especially if they are an MMA, Boxing or Martial arts fighter
- You clients want to get into the best shape of their life

FUNK ROBERTS 4 WEEK SPARTACUS WORKOUT PROGRAM

Get access at <http://www.spartacusworkout.com>



HOW DOES IT WORK

How the 4 week Funk Roberts Spartacus Challenge works

The 4 week program consists of 4 elements already laid out for you.

- a) Welcome Spartacus Program E-Book - goes over the program and gives fitness tips –
- b) Weekly workout – Each week participants will work out 3 times and have access to the video and pdf
- c) Nutrition Plan for men and women – each participant can download the sample nutrition plan that you can use and tweak for your group or client
- d) Supplement suggestions for men and women – I included supplement suggestions to help the participant get through the 4 weeks without dying!

GET THE PROGRAM NOW

Use this 4 Week Program to increase your revenues and create boot camps in your area

As a business owner and personal trainer generating revenue is important to you. Making sure you have fresh workout programs that work for you clients is a must. My Spartacus program allows you to set up 4 week bootcamp or sign up clients for 4 week advanced sessions that will guarantee results. The plan includes workouts, nutrition and supplements. The work is done for you. All you have to do is implement it.

EXAMPLES OF HOW YOU CAN USE THE PROGRAM

- a) **Have your clients sign up for the 4 week – 3 day per week session (you can call the program what you want) – that's 12 guaranteed sessions and revenue**
- b) **Create a 4 Week Bootcamp and have participants sign up for the sessions (you can run 3 separate sessions (Monday-Wednesday-Friday)**
- c) **Create a 3 day a week 4 Week Intense Bootcamp and have participants sign up for 3 days a week for 4 weeks**
- d) **Use the workouts as the conditioning component for MMA fighters (I am currently using this as my conditioning for my upcoming 5 round Muay Thai fight)**

It's that easy

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CHECK OUT TESTIMONIAL AFTER WEEK 1

Finished the first week and I feel awesome though! More energy, sleeping better, muscles and joints hurt much less (even after the sessions!), cardio has already vastly improved, recovery rate is through the roof... feel stronger, faster and generally more alert. As of right now, this Spartacus thing is THE best training system I've ever done!

Sure, as with all training systems, you have to dedicate yourself 100% with the exercises, nutrition, rest periods - and I always try and do so, but with Spartacus I just feel like I'm developing even faster!

Mark Jawdy, England

Take my program, use the workouts, modify the nutrition plan and supplement suggestions. It's not rocket science but everything is done for you

There is absolutely NO RISK at all for you to try the Funk Roberts 4 Week Spartacus Workout Program.

WHY WOULDN'T YOU!

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CONTACT FUNK

FUNK ROBERTS FITNESS BLOG

[HTTP://WWW.FUNKROBERTSFITNESS.COM](http://www.funkrobertsfitness.com)

FIT FIRM N FAB FITNESS FOR WOMEN

[HTTP://WWW.FITFIRMANDFAB.COM](http://www.fitfirmandfab.com)

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CANADIAN SO PRO BEACHVOLLEYBALL TOUR

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PURCHASE YOUR 6 WEEK JUMP TRAINING PROGRAM

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